

40-DAY SCRIPTURE + IDENTITY JOURNEY

I AM

I AM: Who I Am in Messiah Yahusha

Restored-name devotional version from the 1599 Geneva Bible

TODAY I RECEIVE

Who I am is held in Scripture.

Scripture - Affirmation - Reflection - Prayer

Learn with Wisdom. Act with Grace.

Batyah Ha Melek



A Gentle Note Before You Begin



This little journey is a calm place to remember who you are in the Beloved. Each day gives you one identity truth, one Scripture anchor from the 1599 Geneva Bible, one affirmation, one reflection question, and one short prayer.

This is not a pressure plan. It is a daily return. Read slowly. Breathe. Let the truth become steady inside your body and heart.

The restored-name edition uses reverent restored-name devotional wording. The traditional edition keeps the Jesus Christ wording. Both versions are designed to serve women and families with grace.

Scripture source note: Scripture anchors are based on the public-domain 1599 Geneva Bible. Light spelling modernization is used for readability. Restored-name edition includes devotional name adaptations.

How to Use the 40 Days

- Read the Scripture anchor.
- Speak the I AM affirmation slowly.
- Answer the reflection honestly.
- Close with the prayer and one quiet breath.



40 Days at a Glance

Day 01	Chosen	Ephesians 1:4	Day 21	Led by the Spirit	Romans 8:14
Day 02	Adopted	Ephesians 1:5	Day 22	Abba's Child	Romans 8:15
Day 03	Accepted	Ephesians 1:6	Day 23	Child of God	Romans 8:16
Day 04	Redeemed	Ephesians 1:7	Day 24	Heir	Romans 8:17
Day 05	Sealed	Ephesians 1:13	Day 25	More Than Conqueror	Romans 8:37
Day 06	Called	Ephesians 1:18	Day 26	Held in Love	Romans 8:39
Day 07	Made Alive	Ephesians 2:5	Day 27	Child by Faith	Galatians 3:26
Day 08	Raised Up	Ephesians 2:6	Day 28	Clothed in Messiah	Galatians 3:27
Day 09	Saved by Grace	Ephesians 2:8	Day 29	One in Him	Galatians 3:28
Day 10	His Workmanship	Ephesians 2:10	Day 30	Heir by Promise	Galatians 3:29
Day 11	Brought Near	Ephesians 2:13	Day 31	Known by Abba	Galatians 4:6
Day 12	Household of God	Ephesians 2:19	Day 32	At Liberty	Galatians 5:1
Day 13	Bold Access	Ephesians 3:12	Day 33	Fruitful	Galatians 5:22-23
Day 14	Strengthened Within	Ephesians 3:16	Day 34	Child of Light	Ephesians 5:8
Day 15	Rooted in Love	Ephesians 3:17	Day 35	Wisdom Hidden in Him	Colossians 2:3
Day 16	New Creature	2 Corinthians 5:17	Day 36	Complete	Colossians 2:10
Day 17	Ambassador	2 Corinthians 5:20	Day 37	Hidden in Him	Colossians 3:3
Day 18	Righteous in Him	2 Corinthians 5:21	Day 38	Living Stone	1 Peter 2:5
Day 19	Not Condemned	Romans 8:1	Day 39	Royal Priesthood	1 Peter 2:9
Day 20	Free	Romans 8:2	Day 40	Beloved Child	1 John 3:1



DAY 1



RESTORED-NAME EDITION

I am chosen before the foundation of the world.

SCRIPTURE ANCHOR - 1599 GENEVA BIBLE

Ephesians 1:4

"He hath chosen us in him, before the foundation of the world, that we should be holy, and without blame before him in love."

I AM AFFIRMATION

I am chosen before the foundation of the world.

Reflection:

Where do I need to receive this truth instead of striving for approval?

Prayer:

Abba, help me receive this truth with a quiet heart and walk in it today.





DAY 2



RESTORED-NAME EDITION

I am adopted according to the good pleasure of His will.

SCRIPTURE ANCHOR - 1599 GENEVA BIBLE

Ephesians 1:5

"Who hath predestinate us, to be adopted through Messiah Yahusha in himself, according to the good pleasure of his will."

I AM AFFIRMATION

I am adopted according to the good pleasure of His will.

Reflection:

What old label can I gently lay down today?

Prayer:



Abba, let this word settle deeper than fear, shame, pressure, or old stories.





DAY 3



RESTORED-NAME EDITION

I am freely accepted in the Beloved.

SCRIPTURE ANCHOR - 1599 GENEVA BIBLE

Ephesians 1:6

"He hath made us freely accepted in his beloved."

I AM AFFIRMATION

I am freely accepted in the Beloved.

Reflection:

How would my choices change if I believed this identity was already true?

Prayer:

Abba, teach me to move from identity, not insecurity.





DAY 4



RESTORED-NAME EDITION

I am redeemed and forgiven by rich grace.

SCRIPTURE ANCHOR - 1599 GENEVA BIBLE

Ephesians 1:7

"By whom we have redemption through his blood, even the forgiveness of sins, according to his rich grace."

I AM AFFIRMATION

I am redeemed and forgiven by rich grace.

Reflection:

What is Abba inviting me to notice in my body, home, and heart today?

Prayer:

Abba, strengthen what is weak and restore what has felt forgotten.





DAY 5



RESTORED-NAME EDITION

I am sealed with the Holy Spirit of promise.

SCRIPTURE ANCHOR - 1599 GENEVA BIBLE

Ephesians 1:13

"After that ye believed, ye were sealed with the holy Spirit of promise."

I AM AFFIRMATION

I am sealed with the Holy Spirit of promise.

Reflection:

Which part of this promise feels most comforting right now?

Prayer:

Abba, thank You that Your truth can become a steady place inside me.





DAY 6



RESTORED-NAME EDITION

I am called into hope and inheritance.

SCRIPTURE ANCHOR - 1599 GENEVA BIBLE

Ephesians 1:18

"That ye may know what the hope is of his calling, and what the riches of his glorious inheritance is in the Saints."

I AM AFFIRMATION

I am called into hope and inheritance.

Reflection:

Where do I need to receive this truth instead of striving for approval?

Prayer:

Abba, help me receive this truth with a quiet heart and walk in it today.





DAY 7



RESTORED-NAME EDITION

I am made alive together with Messiah.

SCRIPTURE ANCHOR - 1599 GENEVA BIBLE

Ephesians 2:5

"Even when we were dead by sins, hath quickened us together in Messiah, by whose grace ye are saved."

I AM AFFIRMATION

I am made alive together with Messiah.

Reflection:

What old label can I gently lay down today?

Prayer:

Abba, let this word settle deeper than fear, shame, pressure, or old stories.



I am raised up and seated in heavenly places.

SCRIPTURE ANCHOR - 1599 GENEVA BIBLE

Ephesians 2:6

"And hath raised us up together, and made us sit together in the heavenly places in Messiah Yahusha."

I AM AFFIRMATION

I am raised up and seated in heavenly places.

Reflection:

How would my choices change if I believed this identity was already true?

Prayer:

Abba, teach me to move from identity, not insecurity.



DAY 9



RESTORED-NAME EDITION

I am saved by grace through faith.

SCRIPTURE ANCHOR - 1599 GENEVA BIBLE

Ephesians 2:8

"For by grace are ye saved through faith, and that not of yourselves: it is the gift of God."

I AM AFFIRMATION

I am saved by grace through faith.

Reflection:

What is Abba inviting me to notice in my body, home, and heart today?

Prayer:

Abba, strengthen what is weak and restore what has felt forgotten.





DAY 10



RESTORED-NAME EDITION

I am His workmanship, created for good works.

SCRIPTURE ANCHOR - 1599 GENEVA BIBLE

Ephesians 2:10

"For we are his workmanship created in Messiah Yahusha unto good works, which God hath ordained, that we should walk in them."

I AM AFFIRMATION

I am His workmanship, created for good works.

Reflection:

Which part of this promise feels most comforting right now?

Prayer:

Abba, thank You that Your truth can become a steady place inside me.





DAY 11



RESTORED-NAME EDITION

I am brought near by His blood.

SCRIPTURE ANCHOR - 1599 GENEVA BIBLE

Ephesians 2:13

"Ye which once were far off, are made near by the blood of Messiah."

I AM AFFIRMATION

I am brought near by His blood.

Reflection:

Where do I need to receive this truth instead of striving for approval?

Prayer:

Abba, help me receive this truth with a quiet heart and walk in it today.



I am no longer a stranger, but of the household of God.

SCRIPTURE ANCHOR - 1599 GENEVA BIBLE

Ephesians 2:19

"Ye are no more strangers and foreigners: but citizens with the Saints, and of the household of God."

I AM AFFIRMATION

I am no longer a stranger, but of the household of God.

Reflection:

What old label can I gently lay down today?

Prayer:

Abba, let this word settle deeper than fear, shame, pressure, or old stories.

I have boldness and access with confidence.

SCRIPTURE ANCHOR - 1599 GENEVA BIBLE

Ephesians 3:12

"By whom we have boldness and entrance with confidence, by faith in him."

I AM AFFIRMATION

I am i have boldness and access with confidence.

Reflection:

How would my choices change if I believed this identity was already true?

Prayer:

Abba, teach me to move from identity, not insecurity.



DAY 14



RESTORED-NAME EDITION

I am strengthened by His Spirit in the inner woman.

SCRIPTURE ANCHOR - 1599 GENEVA BIBLE

Ephesians 3:16

"That ye may be strengthened by his Spirit in the inner man."

I AM AFFIRMATION

I am strengthened by His Spirit in the inner woman.

Reflection:

What is Abba inviting me to notice in my body, home, and heart today?

Prayer:



Abba, strengthen what is weak and restore what has felt forgotten.



I AM - 40-Day Scripture + Identity Journey - Day 14



DAY 15



RESTORED-NAME EDITION

I am rooted and grounded in love.

SCRIPTURE ANCHOR - 1599 GENEVA BIBLE

Ephesians 3:17

"That Messiah may dwell in your hearts by faith: that ye, being rooted and grounded in love."

I AM AFFIRMATION

I am rooted and grounded in love.

Reflection:

Which part of this promise feels most comforting right now?

Prayer:

Abba, thank You that Your truth can become a steady place inside me.





DAY 16



RESTORED-NAME EDITION

I am a new creature.

SCRIPTURE ANCHOR - 1599 GENEVA BIBLE

2 Corinthians 5:17

"If any man be in Messiah, let him be a new creature: old things are passed away: behold, all things are become new."

I AM AFFIRMATION

I am a new creature.

Reflection:

Where do I need to receive this truth instead of striving for approval?

Prayer:

Abba, help me receive this truth with a quiet heart and walk in it today.



I am entrusted with a message of reconciliation.

SCRIPTURE ANCHOR - 1599 GENEVA BIBLE

2 Corinthians 5:20

"Now then are we ambassadors for Messiah: as though God did beseech you through us."

I AM AFFIRMATION

I am entrusted with a message of reconciliation.

Reflection:

What old label can I gently lay down today?

Prayer:

Abba, let this word settle deeper than fear, shame, pressure, or old stories.



DAY 18



RESTORED-NAME EDITION

I am made righteous in Him.

SCRIPTURE ANCHOR - 1599 GENEVA BIBLE

2 Corinthians 5:21

"For he hath made him to be sin for us, which knew no sin, that we should be made the righteousness of God in him."

I AM AFFIRMATION

I am made righteous in Him.

Reflection:

How would my choices change if I believed this identity was already true?

Prayer:

Abba, teach me to move from identity, not insecurity.





DAY 19



RESTORED-NAME EDITION

I am not condemned in Messiah.

SCRIPTURE ANCHOR - 1599 GENEVA BIBLE

Romans 8:1

"Now then there is no condemnation to them that are in Messiah Yahusha, which walk not after the flesh, but after the Spirit."

I AM AFFIRMATION

I am not condemned in Messiah.

Reflection:

What is Abba inviting me to notice in my body, home, and heart today?

Prayer:

Abba, strengthen what is weak and restore what has felt forgotten.





DAY 20



RESTORED-NAME EDITION

I am freed by the Spirit of life.

SCRIPTURE ANCHOR - 1599 GENEVA BIBLE

Romans 8:2

"The Law of the Spirit of life, which is in Messiah Yahusha, hath freed me from the law of sin and death."

I AM AFFIRMATION

I am freed by the Spirit of life.

Reflection:

Which part of this promise feels most comforting right now?

Prayer:

Abba, thank You that Your truth can become a steady place inside me.





DAY 21



RESTORED-NAME EDITION

I am led by the Spirit of God.

SCRIPTURE ANCHOR - 1599 GENEVA BIBLE

Romans 8:14

"As many as are led by the Spirit of God, they are the sons of God."

I AM AFFIRMATION

I am led by the Spirit of God.

Reflection:

Where do I need to receive this truth instead of striving for approval?

Prayer:

Abba, help me receive this truth with a quiet heart and walk in it today.



I have received the Spirit of adoption.

SCRIPTURE ANCHOR - 1599 GENEVA BIBLE

Romans 8:15

"Ye have received the Spirit of adoption, whereby we cry Abba, Father."

I AM AFFIRMATION

I am i have received the Spirit of adoption.

Reflection:

What old label can I gently lay down today?

Prayer:

Abba, let this word settle deeper than fear, shame, pressure, or old stories.



DAY 23



RESTORED-NAME EDITION

I am a child of God.

SCRIPTURE ANCHOR - 1599 GENEVA BIBLE

Romans 8:16

"The same Spirit beareth witness with our spirit, that we are the children of God."

I AM AFFIRMATION

I am a child of God.

Reflection:

How would my choices change if I believed this identity was already true?

Prayer:

Abba, teach me to move from identity, not insecurity.





DAY 24



RESTORED-NAME EDITION

I am an heir of God.

SCRIPTURE ANCHOR - 1599 GENEVA BIBLE

Romans 8:17

"If we be children, we are also heirs, even the heirs of God, and heirs annexed with Messiah."

I AM AFFIRMATION

I am an heir of God.

Reflection:

What is Abba inviting me to notice in my body, home, and heart today?

Prayer:

Abba, strengthen what is weak and restore what has felt forgotten.





DAY 25



RESTORED-NAME EDITION

I am more than a conqueror through Him who loves me.

SCRIPTURE ANCHOR - 1599 GENEVA BIBLE

Romans 8:37

"In all these things we are more than conquerors through him that loved us."

I AM AFFIRMATION

I am more than a conqueror through Him who loves me.

Reflection:

Which part of this promise feels most comforting right now?

Prayer:



Abba, thank You that Your truth can become a steady place inside me.



I AM - 40-Day Scripture + Identity Journey - Day 25



DAY 26



RESTORED-NAME EDITION

I cannot be separated from the love of God.

SCRIPTURE ANCHOR - 1599 GENEVA BIBLE

Romans 8:39

"No other creature shall be able to separate us from the love of God, which is in Messiah Yahusha our Lord."

I AM AFFIRMATION

I am i cannot be separated from the love of God.

Reflection:

Where do I need to receive this truth instead of striving for approval?

Prayer:

Abba, help me receive this truth with a quiet heart and walk in it today.





DAY 27



RESTORED-NAME EDITION

I am a child of God by faith.

SCRIPTURE ANCHOR - 1599 GENEVA BIBLE

Galatians 3:26

"For ye are all the sons of God by faith in Messiah Yahusha."

I AM AFFIRMATION

I am a child of God by faith.

Reflection:

What old label can I gently lay down today?

Prayer:

Abba, let this word settle deeper than fear, shame, pressure, or old stories.





DAY 28



RESTORED-NAME EDITION

I have put on Messiah.

SCRIPTURE ANCHOR - 1599 GENEVA BIBLE

Galatians 3:27

"For all ye that are baptized into Messiah, have put on Messiah."

I AM AFFIRMATION

I am i have put on Messiah.

Reflection:

How would my choices change if I believed this identity was already true?

Prayer:

Abba, teach me to move from identity, not insecurity.





DAY 29



RESTORED-NAME EDITION

I am one in Messiah.

SCRIPTURE ANCHOR - 1599 GENEVA BIBLE

Galatians 3:28

"Ye are all one in Messiah Yahusha."

I AM AFFIRMATION

I am one in Messiah.

Reflection:

What is Abba inviting me to notice in my body, home, and heart today?

Prayer:

Abba, strengthen what is weak and restore what has felt forgotten.





DAY 30



RESTORED-NAME EDITION

I am an heir according to promise.

SCRIPTURE ANCHOR - 1599 GENEVA BIBLE

Galatians 3:29

"If ye be Messiah's, then are ye Abraham's seed, and heirs by promise."

I AM AFFIRMATION

I am an heir according to promise.

Reflection:

Which part of this promise feels most comforting right now?

Prayer:

Abba, thank You that Your truth can become a steady place inside me.





DAY 31



RESTORED-NAME EDITION

I am known by Abba and invited to cry, Abba, Father.

SCRIPTURE ANCHOR - 1599 GENEVA BIBLE

Galatians 4:6

"Because ye are sons, God hath sent forth the Spirit of his Son into your hearts, which crieth, Abba, Father."

I AM AFFIRMATION

I am known by Abba and invited to cry, Abba, Father.

Reflection:

Where do I need to receive this truth instead of striving for approval?

Prayer:



Abba, help me receive this truth with a quiet heart and walk in it today.





DAY 32



RESTORED-NAME EDITION

I am called to stand fast in liberty.

SCRIPTURE ANCHOR - 1599 GENEVA BIBLE

Galatians 5:1

"Stand fast therefore in the liberty wherewith Messiah hath made us free."

I AM AFFIRMATION

I am called to stand fast in liberty.

Reflection:

What old label can I gently lay down today?

Prayer:

Abba, let this word settle deeper than fear, shame, pressure, or old stories.





DAY 33



RESTORED-NAME EDITION

I can bear the fruit of the Spirit.

SCRIPTURE ANCHOR - 1599 GENEVA BIBLE

Galatians 5:22-23

"The fruit of the Spirit is love, joy, peace, longsuffering, gentleness, goodness, faith, meekness, temperancy."

I AM AFFIRMATION

I am i can bear the fruit of the Spirit.

Reflection:

How would my choices change if I believed this identity was already true?

Prayer:

Abba, teach me to move from identity, not insecurity.





DAY 34



RESTORED-NAME EDITION

I am light in the Master.

SCRIPTURE ANCHOR - 1599 GENEVA BIBLE

Ephesians 5:8

"Ye were once darkness, but are now light in the Lord: walk as children of light."

I AM AFFIRMATION

I am light in the Master.

Reflection:

What is Abba inviting me to notice in my body, home, and heart today?

Prayer:

Abba, strengthen what is weak and restore what has felt forgotten.





DAY 35



RESTORED-NAME EDITION

I have access to wisdom and knowledge in Him.

SCRIPTURE ANCHOR - 1599 GENEVA BIBLE

Colossians 2:3

"In whom are hid all the treasures of wisdom and knowledge."

I AM AFFIRMATION

I am i have access to wisdom and knowledge in Him.

Reflection:

Which part of this promise feels most comforting right now?

Prayer:

Abba, thank You that Your truth can become a steady place inside me.





DAY 36



RESTORED-NAME EDITION

I am complete in Him.

SCRIPTURE ANCHOR - 1599 GENEVA BIBLE

Colossians 2:10

"And ye are complete in him, which is the head of all principality and power."

I AM AFFIRMATION

I am complete in Him.

Reflection:

Where do I need to receive this truth instead of striving for approval?

Prayer:

Abba, help me receive this truth with a quiet heart and walk in it today.





DAY 37



RESTORED-NAME EDITION

My life is hidden with Messiah in God.

SCRIPTURE ANCHOR - 1599 GENEVA BIBLE

Colossians 3:3

"For ye are dead, and your life is hid with Messiah in God."

I AM AFFIRMATION

I am my life is hidden with Messiah in God.

Reflection:

What old label can I gently lay down today?

Prayer:

Abba, let this word settle deeper than fear, shame, pressure, or old stories.





DAY 38



RESTORED-NAME EDITION

I am a living stone in a spiritual house.

SCRIPTURE ANCHOR - 1599 GENEVA BIBLE

1 Peter 2:5

"Ye also as lively stones, be made a spiritual house, an holy Priesthood."

I AM AFFIRMATION

I am a living stone in a spiritual house.

Reflection:

How would my choices change if I believed this identity was already true?

Prayer:

Abba, teach me to move from identity, not insecurity.





DAY 39



RESTORED-NAME EDITION

I am part of a chosen generation and royal priesthood.

SCRIPTURE ANCHOR - 1599 GENEVA BIBLE

1 Peter 2:9

"Ye are a chosen generation, a royal Priesthood, an holy nation, a peculiar people."

I AM AFFIRMATION

I am part of a chosen generation and royal priesthood.

Reflection:

What is Abba inviting me to notice in my body, home, and heart today?

Prayer:



Abba, strengthen what is weak and restore what has felt forgotten.





DAY 40



RESTORED-NAME EDITION

I am loved by the Father and called His child.

SCRIPTURE ANCHOR - 1599 GENEVA BIBLE

1 John 3:1

"Behold, what love the Father hath given to us, that we should be called the sons of God."

I AM AFFIRMATION

I am loved by the Father and called His child.

Reflection:

Which part of this promise feels most comforting right now?

Prayer:

Abba, thank You that Your truth can become a steady place inside me.





You Are Remembering

These forty days were not about becoming worthy. They were about remembering what Abba has already spoken over you. Keep the cards nearby. Return to the Scriptures often. Let truth become your rhythm.

Final Declaration

With love, Batyah Ha Melek

