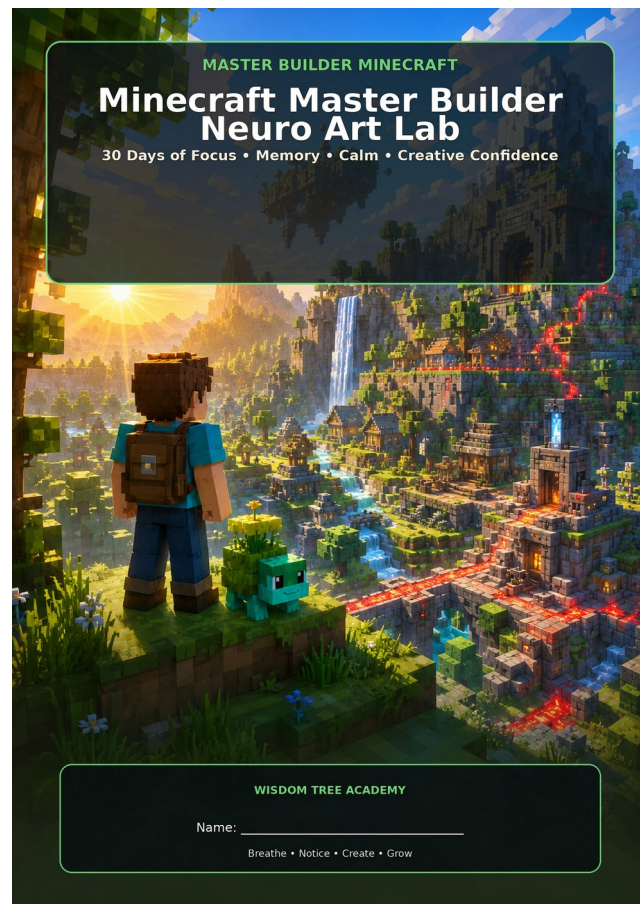
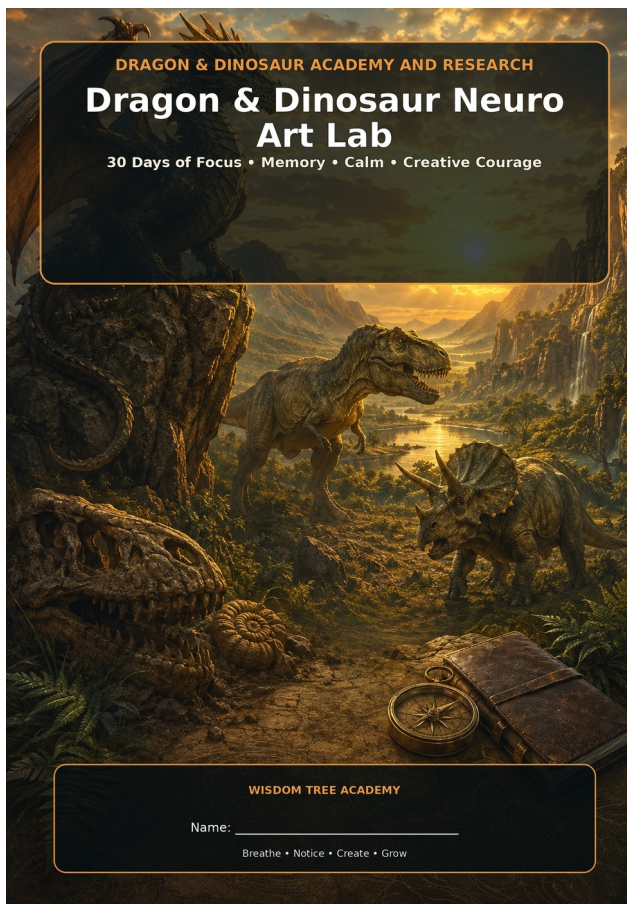




WISDOM TREE ACADEMY

FREE NEURO ART ADVENTURE SAMPLER

Two complete screen-free art missions for focus, memory, calm and creative confidence

Includes one Dragon & Dinosaur mission and one Master Builder mission

A Small Taste of the 30-Day Art Labs

These two sample missions are taken from the same gentle structure used throughout the complete workbooks: settle the body, focus the eyes, create freely, remember a detail, and notice the effort.

SETTLE	A short breath or movement cue helps create a calm beginning.
FOCUS	A small attention mission gives the drawing a clear purpose.
CREATE	A themed art challenge leaves room for original ideas.
REMEMBER	A quick recall prompt exercises visual or working memory.
REFLECT	One low-writing check-in helps the child notice courage and progress.

Try one today. Save the second for another homeschool day.

DAY 01 • ORIENTATION

The First Field Map

SETTLE Trace a slow square with one finger; breathe out on each side.	FOCUS Find and circle every letter A in: DRAGON DATA ARCHIVE.	REMEMBER Look at the three symbols for 10 seconds: △ ● ≈. Cover them.
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Turn wandering lines into a map of an unexplored island. Add a compass and three danger zones.



MEMORY CHECK Without looking above, redraw the three symbols in order.	MY FINISH Circle: Calm / Focused / Proud / Still learning
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TODAY I SHOWED COURAGE WHEN: _____

DAY 02 • ORIENTATION

Spawn Point Map

SETTLE Trace a square in the air; breathe out along each side.	FOCUS Find every square in: □ ○ □ △ □ ○ □.	REMEMBER Remember: tree, river, mountain.
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Turn the starter grid into your first safe Minecraft biome map. + --- +	
MEMORY CHECK Name the three landscape features.	MY FINISH Circle: Calm / Focused / Proud / Still learning

TODAY I SHOWED COURAGE WHEN: _____

The Gentle Success Method

The aim is not a perfect picture. Success may look like starting, trying a new idea, staying for five more minutes, asking for help, returning after frustration, or remembering one detail.

Before

Offer simple tools, read the instructions aloud if helpful, and let him choose colours.

During

Notice effort without correcting: “You looked carefully,” “You kept going,” or “That is an original idea.”

If It Feels Hard

Pause. Stretch hands, drink water, take three slow breaths, or finish another day.

After

Ask one easy question: “What part did you enjoy?” An oral answer counts.

Creative practice works best when the child feels safe to experiment.

Choose the Complete 30-Day Adventure

DRAGON & DINOSAUR NEURO ART LAB

Best for an older learner who enjoys ancient creatures, field research, mysteries, maps, fossils, scientific imagination and evidence puzzles.

30 complete missions • amber expedition design

MINECRAFT MASTER BUILDER NEURO ART LAB

Best for a learner who enjoys block-building worlds, biomes, crafting, redstone-style patterns, maps, mobs and design challenges.

30 complete missions • bright builder design

Each complete workbook is available separately for \$15.

One purchase gives your household 30 ready-to-print creative sessions, parent guidance, progress tracking and a completion certificate.

Visit the Wisdom Tree Academy downloads on our website to choose your workbook.

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